Terrible Two 2023 Ride Report

Bridgette DeShields, SRCC Ride Director Scot Castle, Co-chair

The 2023 event saw ride numbers increase to closer to prepandemic numbers, with 139 signed up for one of the 3 routes: The Terrible Two route (88) and The Terrific 200K (36) and the new Tremendous Super Century (15). We had very few no shows (4) likely due to the cool temperatures where clouds prevailed in the morning and the high barely reached 90 degrees midafternoon in at Warm Spring Dam.

The riders convened at the new venue, the Sebastopol Center for the Arts, which was a great space with a big dining room

area with heat and AC, access to a kitchen, a lovely covered patio, and adequate parking. And SRCC was able to obtain a one-day permit to serve alcohol so there was cold beer at the end! We think it's a keeper.

For the 200 mile event, riders could choose from either a 5:00 AM or 5:30 AM start. The 200K rolled at 7:30 AM and the Super Century at 8 AM. We saw 59 riders of the 87 TT riders that started finish within 18 hours



with 5 more arriving after 11PM. For the 200K, 33 riders made it back to the finish; for the Super Century of the 12 that started, 11 finished. That is a 72% finishing rate for the full TT with 67% who "Beat the Clock" and made it in 18 hours or less. The finishing rate was 92% each for the 200K and Super Century.

Fourteen of the 200 mile riders succeeded in the "Terrible Me," beating their predicted finishing time. We also had 26 riders complete their first Terrible Two. Two women finished the full TT, five finished the 200K, and four finished the Super Century.

A total of 17 of the TT riders signed up for SRCC's Bad Little Brother, great training for this ride! Happens the Saturday or Memorial Day weekend each year so mark your calendars for 2024

Our amazing <u>volunteer crew</u> of almost 100 folks helping out before the after the event, at the start/finish, rest stops, water stops, and on SAG and HAM duty provided truly amazing support throughout the day.

Panera sandwiches were served at the Warm Springs Dam for lunch for the 200 mile and Super Century rides with custom-made sandwiches for the 200K riders at Rancheria. Hammer Nutrition provided a variety of products, which were very appreciated. At the finish we had a dinner of burritos, including fabulous vegan option with fresh veggies (from Viva Mexicana in Sebastopol), salad, chips/salsa, and watermelon with a variety of dessert. And.. complimentary beer and soft drinks. The venue made for a nice spot to hang out and compare tales of the day.







The stats for 200 mile event (see link on website for the full rankings):

- Ranked 1st was Taj Krieger with a time of 11:36. Taj is a Pro/Cat 1 racer and Red Peloton and Team Swift alumni¹. Photo at right.
- The rest of the top 10 includes:
 - Brayton Bailey,11:54 (SRCC member and first place finisher from 2022)
 - Kenny Owen, 12:28 (SRCC member)
 - o Ludovic Hilde, 12:37
 - o Gary Swanson, 12:42 (our third place finisher from 2022)
 - o Blake Macheras, 13:07 (of local team Red Peloton)
 - o Patrick Merrill, 13:15
 - o Marco Ensing, 13:22
 - Andy Shkabko, 13:28 (SRCC member)
 - o Gary Egorov, 13:44
- Club member River Bull set a new record as our youngest finisher at 14 years old and had a finishing time of 15:53 (ranking 35th).



Now for the 200K (full rankings below), SRCC member Jady Palko came in first with a time of 7:53. Rounding out the top 5 were:

- Matthew Thompson, 8:57
- Conor Neville, 9:34
- Shea Nolan, 9:34
- Doug Wagner, 9:57 (Red Peloton and SRCC member)

For the new Super Century(full rankings below), the top 3 finishers were:

- Tim Schaefer, 7:32 (SRCC member)
- Steven Pollock, 7:52 (SRCC member)
- John Aguiar, 8:47

This was the 46th running of the TT, an epic event, one of the hardest double centuries in the country, supported by countless volunteers in the past. A real "premiere" event for SRCC. We will need a dedicated crew for 2024 - interested? Let us know, please!

More information on the event can be found at these links:

TT website: https://srcctt.webflow.io

2023 Photos: https://photos.app.goo.gl/4obZ1gDKmT3VWb7M7

2023 Courses: https://ridewithgps.com/events/205521-terrible-two-2023

History: https://srcc.wildapricot.org/History-of-TT-&-FAQ Course Records: https://srcc.com/TT-Course-Records

About the California Triple Crown: http://www.caltriplecrown.com







¹ More about Taj <u>HERE</u> and <u>HERE</u>.

2023 Tremendous Super Century and Terrific 200K Finishers

Ride Type	First name	Last name	City	State	Gender	Age	Elapsed Time
Terrific 200K	Tim	Schaefer	Sunnyvale	CA	Male	57	7:32
Super Century	Steven	Pollock	Novato	CA	Male	63	7:52
Super Century	John	Aguiar	Sebastopol	CA	Male	65	8:47
Super Century	Shaun	Kajiwara	Healdsburg	CA	Male	38	8:49
Super Century	Cathy	Switzer	Sunnyvale	CA	Female	65	8:57
Super Century	Liz	Merlin	Santa Rosa	CA	Female	45	9:11
Super Century	Althea	Jaderquist	El Cerrito	CA	Female	46	9:25
Super Century	Andrew	Bowdle	Mercer Island	WA	Male	71	9:35
Super Century	Theresa	Lynch	Sebastopol	CA	Female	57	9:52
Super Century	Mark	Birnbaum	Novato	CA	Male	70	10:17
Super Century	Robert	Fadely	Sebastopol	CA	Male	58	10:53
Ride Type	First name	Last name	City	State	Gender	Age	Elapsed Time
Terrific 200K	Jady	Palko	Santa Rosa	CA	Male	50	7:53
Terrific 200K	Matthew	Thompson	El Segundo	CA	Male	49	8:57
Terrific 200K	Conor	Neville	San Francisco	CA	Male	55	9:34
Terrific 200K	Shea	Nolan	San Francisco	CA	Male	52	9:34
Terrific 200K	Doug	Wagner	Glen Ellen	CA	Male	69	9:57
Terrific 200K	Mark	Abrahams	Berkeley	CA	Male		10:32
Terrific 200K	John	Crysdale	Rohnert Park	CA	Male	59	10:32
Terrific 200K	Darren	Davis	Novato	CA	Male	58	10:32
Terrific 200K	Frieda	Edelmann	Oakland	CA	Female	51	10:32
Terrific 200K	Gustavo	Hernandez	Davis	CA	Male	62	10:32
Terrific 200K	Rainey	Temkin	San Geronimo	CA	Female	52	10:32
Terrific 200K	Janet	Gardner	Pleasanton	CA	Female	56	10:36
Terrific 200K	Bruce	Gardner	Pleasanton	CA	Male	51	10:36
Terrific 200K	Froylan	Pulido	Chowchilla	CA	Male	60	10:59
Terrific 200K	Daniel	Pulido	Atwater	CA	Male	44	10:59
Terrific 200K	Erika	Floric	Camp Meeker	CA	Female	59	11:02
Terrific 200K	Charles	Dilworth	San Anselmo	CA	Male	67	11:15
Terrific 200K	Jeff	Pfeiffer	Windsor	CA	Male	67	11:23
Terrific 200K	Scott	Anderson	Clayton	CA	Male	61	11:30

2023 Tremendous Super Century and Terrific 200K Finishers

Ride Type	First name	Last name	City	State	Gender	Age	Elapsed Time
Terrific 200K	Kevin	Krewson	San Francisco	CA	Male	57	11:41
Terrific 200K	Seamus	Collins	Oakland	CA	Male	55	11:42
Terrific 200K	Jeremiah	Maller	Oakland	CA	Male	41	11:42
Terrific 200K	James	Palmer	Foster City	CA	Male	57	12:02
Terrific 200K	Meiling	Yee	Sunnyvale	CA	Female	60	12:02
Terrific 200K	Andrew	Platts	San Ramon	CA	Male	61	12:12
Terrific 200K	Paul	Shigley	Santa Rosa	CA	Male	58	12:51
Terrific 200K	Steve	Bisio	Napa	CA	Male	63	13:08
Terrific 200K	David	Graff	Santa Clara	CA	Male	65	13:26
Terrific 200K	Chris	Paxton	San Jose	CA	Male	58	13:26
Terrific 200K	Randy	Shen	Sunnyvale	CA	Male	57	13:26
Terrific 200K	Sonny	Atud	San Jose	CA	Male	50	13:46
Terrific 200K	Jerry	Cabeliza	San Jose	CA	Male	62	13:46
Terrific 200K	Mike	Aberg	Santa Clara	CA	Male	57	13:54