

# APRIL 2008 NEWSLETTER

# Wine Country Century: May 3, 2008

As predicted last month, the 2008 Wine Country Century hit its 2500-rider limit in one month, and registration shut down before the beginning of March. (Last year, the event did not fill until early April.) As ever, there is lamentation and woe among the ranks of those left on the outside looking in. The club is doing what it can to help with that by directing folks to a "marketplace" for transfering entries at CraigsList. How well this will work remains to be seen.

Aside from our great date in the springtime prime time and the great scenery around our wonderful wine country course, the thing that draws the riders back again and again is our superb support. Thanks to prudent event management and to our amazing corps of volunteers, the whole production runs along very smoothly.

The key is the volunteers: all of you who sign up and pitch in, before, during, and after the ride. WCC Chair Joe Morgan is anticipating having 300 volunteers involved in the event in some capacity. But we don't have that many signed up yet. In particular, Joe lists the following hot spots as still needing help...

- *Registration:* Friday, 5:30 pm to 9:00 pm (dinner provided); Saturday, 6:15 am to 10:00 am. Help keep the check-in lines short.
- *Sags:* half-day shifts, morning or afternoon. A car or van that can carry bodies and bikes is essential; bike-fixing skills is a bonus.
- *Clean-up:* April 20 & 26, 2:00 pm to 6:00 pm at the club warehouse. There will also be a cleaning crew on Saturday, after the ride. Our goal is to have all cleaning done that day so that there is no need for a Sunday crew. RSVP with Dave Batt (see roster on page 8).

Joe points out that if you are a club member who wants to ride the WCC, you should consider working on the WCC Workers' Ride on May 10. Those who work on this event are allowed to ride the real WCC for free. (This offer good only until all slots on the Workers' Ride support crew are filled.)

New this year is on-line volunteer sign-up at the club website, allowing members to quickly see which crews are full already and where there are still needs. But if you like doing things the old-fashioned way, you can still consult the roster of committee chairs on page 8 of this newsletter. Or you can call or e-mail Volunteer Coordinator Kimberly Hoffman, who can point you toward the jobs that still need to be filled.

One way or another, we hope to see you out there, helping out at either the main event or at the Workers's Ride a week later.

# April Alpina: the hillier, the better

If you met your March Magic goals, you should have a good base for the next cycling challenge of the month: April Alpina. For the uninitiated, this program is a simple way to help provide motivation for getting in climbing shape for the coming season.

Simply set a goal (on the club's website) of the total feet of elevation you'd like to climb in the month. Use the Site Map to find the link to April Alpina, sign in, set your goal, and start tracking your climbing.

There are six categories from 15,000' to 100,000'. We don't care how you get the ascending in, whether you love to tackle the tougher climbs—Trinity, Skaggs, the Geysers, or the Nifty Ten Fifty—or choose to spread it out over gentler slopes.

Last year there were 27 participants who climbed an average of 45,000' for a combined total of just over 1,225,000'...over 232 vertical miles! We'd love to see thirty participants average 50,000' to reach a total of 1.5 million feet of climbing this year.

We realize that not everyone will have a GPS unit or altimeter to track their climbing, but there are good chances that someone on your ride will. If not, contact Alan Bloom or me for some guidance.

While we can't promise you'll climb like Levi come May 1, we can promise that you'll improve your climbing abilities and have fun in the process if you set a stretch goal and work consistently throughout the month. And you won't have to calculate the slope of any road you ride by using tangents, hypotenuses or degrees. Go out and enjoy some of the finest climbs that make our cycling backyard famous!

Onward and upward! — Greg Durbin

# Century Challenge & Commute Miles logs too...

While you're at the club website setting up an Alpina account, take a minute to set up your 2008 Century Challenge and Commute Miles logs as well. They're all there and all easy to set up and use. And it's fun—and satisfying—to see your numbers pile up over the year.

The Century Challenge logs any and all rides of close to 100 miles that you do, on your own or in large groups or small. The Commute Miles log records every trip and every mile you do by bike that you might otherwise have done by car. True commuting, running errands, even riding (rather than driving) to club rides...they all count. In fact you can bulk a club ride up to century length by commuting to it, and then you can enter numbers in two on-line logs at once. And if it's a hilly ride, fill in you April Alpine numbers as well. One-stop logging!

# MINUTE MIX 🖾

Highlights from the General Membership and Executive Board meetings for March

- **1. Call to Order:** President Craig Gaevert called the general meeting to order at the Round Table on Occidental Road on Wednesday, March 12. 52 members and guests were in attendance.
- **2. Treasurer's Report**: Treasurer Donna Emery announced (at the Board meeting) that, as of February 29, the assorted bank balances were as follows: PayPal: \$142,170.00; money market: \$29,905.71.
- **3. WCC:** Event Chair Joe Morgan reported that the field limit of 2500 riders had been reached in record time (by the end of February) and that queries about additional entries were being directed from our site to a "marketplace" for transfering entries at CraigsList. An online form for volunteer sign-up has been added to the WCC site. Many openings for volunteers are still available. Check with the volunteer page on the site or with Volunteer Coordinator Kimberly Hoffman. (See article on page 1 and Committee Chair roster on page 8.)
- **4. Membership:** Gordon Stewart reported current membership at 317 individual and 219 family memberships, for a total head count of over 600.
- **5. Ride Leaders:** Ride Director Bill Oetinger conducted the Ride Leader drawing for all who had listed rides in the first quarter of the year. Winners of \$25 each were Rose Mello and Janice Eunice.
- **6. TT:** Craig Gaevert reported that the start-finish venue at Analy HS has been reserved. There will be a cancer relay run going on down on the Analy track at the same time, so parking will be tight. It was noted that we are looking for someone to take over as chair of the Camp Gualala rest stop. (Note: Jon Dick has since taken on this task.)
- **7. TofC:** Martin Clinton thanked the membership for their volunteer assistance during the Amgen Tour of California. There was some discussion of various schemes to raise money to support the return the event to Santa Rosa in the years ahead.
- **8. YWCA:** Robin from YWCA: announced ride to raise funds for victims and treatment for domestic violence on August 23. The YWCA is looking for support.
- **9. Clean-up:** Craig Gaevert spoke about on-going discussions with parties from Dry Creek Valley regarding the club's involvement in litter pick-up along West Dry Creek Road. He will be coordinating efforts to bring the club together with the Dry Creek Homeowners' Association. (See item on this page regarding April clean-up day.)
- **10. Picnic.** Greg Durbin agreed to chair the April Spring Picnic.
- **11: BLB:** Bill Oetinger presented a design for a commemorative jersey for the Bad Little Brother bike ride. He sought and received approval to produce a limited edition of the jersey. (See article on page 7.)
- **12. Brevets:** Donn King announced that Robert Redmond will be taking over Donn's duties as the SRCC's RUSA representative in coordinating randonneuring activities in future.
- **13. Warehouse:** Cost to date for SRCC warehouse modifications: \$1800. Doug Simon reported on the enormous improvement the warehouse has made in all aspects of handling club materials and tools and supplies.
- **11. Speaker:** Joe Morgan presented a slide show covering the recent UCI World Cup track cycling championship at the Dominguez Hills velodrome in Carson, California.

# Spring Cleaning... on West Dry Creek Road

### Saturday, April 19 • 8:30 AM Passalaqua Winery (Lambert Bridge Road)

It's time for our semi-annual Adopt-a-Backroad litter pick-up project along West Dry Creek Road. The date this time around is Saturday, April 19, and the meeting place is Passalqua Winery on Lambert Bridge Road. Veterans of past litter pick-up days will note that the date and the place are different from our normal routine. That's because we are attempting this time to coordinate our efforts with those of the Dry Creek Valley Association.

There has been some confusion in the past as to how best to bring the two groups together to handle this task. Both organizations have had their own litter days and the two groups have been slightly out of sync with one another in the matter of when and where to deploy their energies. SRCC President Craig Gaevert has now taken on the job of communicating with reps from the Association, with the result being this plan for working together to clean not only West Dry Creek, but other roads in the region as well.

At press time, it was not clear whether we would be joining them in a potluck lunch after the clean-up or repairing to a bistro in Healdsburg for our normal club-sponsored lunch. Although we haven't quite sorted out all the logistical details yet, we are proceeding with our normal agenda: that we need around 40 bodies on the road(s) to properly do the job. RSVP with Craig so we know how many folks we have in our troop. We can bring you up to date with more info when you do so.

This is a golden opportunity to meet with and work with our neighbors in Dry Creek Valley. It is a great opportunity to put a human face on the bike club: to show folks on those popular cycling roads that the riders whizzing past their driveways are real people too; that we are a part of their community...a positive part.

You only get one chance to make a good first impression, and this is our time to do so. Let's have a big turn-out of enthusiastic workers to clean the roads and cooperate with the residents in the valley.

RSVP: Craig Gaevert—545-4133 • cgarch@sonic.net

# Board member resigns; replacement sought

SRCC member Charlie Rowell is moving to Missouri and has to resign his position on the Board. Charlie was elected to the Board at the beginning of 2007 and was in his second year in that office. His steady, common-sense input on all topics has been much appreciated by his fellow Board members. He will be missed. A going-away party was held for Charlie at the club warehouse on March 22.

His resignation leaves a hole that will be hard to fill, but fill it we must. Had this occurred late in the year, we might have waited until the normal elections in January to find a replacement. But this early in the year, we need to fill the vacancy now, for the duration. The Board can appoint a member to fill the position. That's the easy part. The hard part is finding someone who wants to sit on the Board. If you are interested in serving, of even if you just want to find out what such a commitment might entail, talk to any of the current Board members. The Board roster is on page 8.

# **BACKROADS & BREAKAWAYS**

B&B is a column for and about local club rides, news, gossip, anecdotes, odds and ends. If you have a story to share about a ride you led, your race results, a cycling vacation, whatever...call Bill Oetinger @ 823-9807 or send e-mail to: srccride@sonic.net.

Last month, we left this chronicle in the middle of the Tour of California, with the racers disappearing in the mist over the top of Trinity, headed for Sacramento. By now, you know that our favorite adopted son Levi took home the overall win for the second year in a row, and if you follow the sport at all, you also know that our hometown BMC Team brought two more of the special jersey awards back to Santa Rosa: King of the Mountains for Scott Nydam of Sebastopol and Most Aggressive Rider presented collectively to the entire team for their hard riding every day of the tour. So that means three out of the five award jerseys ended up in Santa Rosa. Only the sprinter's jersey and Best Young Rider jersey went elsewhere. Petaluma's Steven Cozza didn't win that last one, but he was certainly an active participant throughout the week, getting in breaks and showing off his Team Slipstream livery almost every day.

Let's hope this Tour of California victory wasn't the high point of Levi's seasaon; let's hope the fat cat bureaucrats sort out their egos so that Astana can do their job on the roads in Europe this summer...so that the best racers are in the best races.

One little tidbit from Stage 2 of the Tour: Steve Kroeck got to ride to Sacramento in the race caravan, in the Bissell team car. He said it was mostly boring and tedious, but with short bursts of intense excitement (sort of like playing right field in Little League). Blasting around the city streets of Sacramento during the final circuits leading up to the field sprint was pretty wild; so too was looking out the back window of the car and seeing Tom Boonen motorpacing just off the back bumper.

Meanwhile the world of club rides was continuing; enjoying—if that's the right word—the same uncertain weather that was visited upon the racers as they made their way down the state.

First up on February 23 was Steve & Jessie Kroeck's Belated Sweetheart Ride. These poor folks pulled the short straw in the weather drawing once again for their annual Valentine ride. This time their timing was doubly bad: they should have had their ride on the previous weekend, nearer Valentines Day. On that Saturday the weather was perfect. But that date was preempted by the TofC Preview Rides, and so they opted for February 23—hence the "belated"—and wouldn't you know, they got dumped on. Bill Ellis sent a report on the ride. Summing it up, it said that only a handful of riders showed up—given the dire forecast—and of those who did, most bailed very early. Only three or four hardy souls stuck it out beyond Occidental, which comes up quite early in the ride, and even they implemented a bail-out after Guerneville, nipping off the last third of the ride. Bill and Bob Redmond had ridden up from Petaluma, hoping to pad the ride out to a nice century. But with the bail-out, they ended up with a very wet, very cold 84 miles. Believe it or not, it does not always rain on the Kroeck's ride. We've had some delightful spring flings on this one, but not lately.

The rain was even heavier on Sunday, so Rose's second installment of her Cinderella Training Rides didn't happen at all. And that put a damp stamp on February, 2008: far too many rides rained on or washed out entirely, but a few sunny days squeezed in here and there where we did manage to get in our miles.

March began on a more positive note, with decent weather for at least the first couple of weekends. Steve Drucker reports on the Cotati Circulator, listed jointly with Martin Clinton (the first ride in our March Magic miles-making challenge): "We had about 20 riders of all abilities for each of the first and seconds rounds, including some A riders and some fast C's. The day was cool and damp to start. We added a few riders en route and lost a few who peeled off to ride home. The second loop had ideal cycling weather: sunny and not too warm. For round three, we started out into a strong headwind all the way on Bodega/Petuluma-Valley Ford, then great relief when we made the turn onto Roblar. There were just eight of us who began the third circuit. Martin, Ivan, Jeff, and I were the only ones who rode all three circuits. The ride was a good start for many for their March Magic miles. I got in a century by riding from home."

The next day there were two rides on the calendar. Jack Hartnett had an AB ride out of Esposti Park that did the usual run up around Alexander, Dry Creek, and Russian River Valleys. Jack dropped a note to report that a big crowd showed up—at least 40 riders—but that's about all he knows about the ride. He was down with the ugly virus going around and only lasted about five miles. But he says others on the ride told him later that all went well for the duration.

Meanwhile, Jim Draeger was gathering his group in St Helena for a romp around Pope Valley. "We had eleven riders, including two nonmembers who came from Davis to join us. It was blue skies and a lot of wind. It was nice to get off the main road and ride on the bike trail that takes you into the town of Angwin. When we got to our mid-ride stop at the Pope Valley Store, I was disappointed to find out that the new owner has removed the rest rooms. There is also no water for the taking. If you want water you need to buy a bottle. The only other thing I could see in Pope Valley that could pass for a rest room was a big oak tree. In the future, we may want to stop at the Chevron station in Angwin before heading down Ink Grade to Pope Valley. After the ride, seven of us had lunch together in St Helena. Other than the wind, a great time was had by all." I have to add that the demolition of the rest rooms at the Pope Valley store was probably a sensible thing to do. Those were by far the dirtiest, funkiest bathrooms I have ever seen, anywhere in the world. I wouldn't be surprised to find that their removal was part of a SuperFund hazmat clean-up.

Next up was our Second Saturday format, highlighted by Rose Mello trotting out the traditional Nearly Level Century. (This is an old club standard, introduced years ago by Marty and Sue Powell and modified in various ways by various leaders since then. It has no regular home on the schedule, but pops up on the list every so often with different leaders and is always well-attended.) Rose reports: "Had a big turn out: I'm guessing 50+ riders, about five doing the A ride (27 miles), 10-15 doing the BC (50 miles) and over 30 doing the 100 miles. The weather was great. It was barrel tasting, but we didn't have too much traffic on Westside and West Dry Creek. We had head winds for the last 20 miles, but overall it was a great ride." I'd like to add that Michael Leach was also there to assist with leading the C group around the century course.

Two more rides on this Sunday. Mike and Janice Eunice had an AB ride from Sebastopol out to Korbel on the Russian River. Janice sent us a note about it: "On Sunday, March 9th, my ride gathered 30 riders. Robert Hall brought with him some students from Analy HS and they really rode very well, to the point that our A pace was too slow for them. I think you can look forward to seeing them on B or C rides soon. We had several new members to the club, which made this ride

— Continued on page 6

The following system is used in our ride schedule so that riders can estimate the relative difficulty of each ride.

#### **TERRAIN**

- 1: Mostly flat (River Road, Dry Creek)
- 2: Rolling, easy grades (Westside Road)
- 3: Moderate grades (Graton Road)
- **4:** Hilly; a few steep climbs (Coleman Valley Road, Franz Valley Road)
- **5:** Very hilly; lots of long climbs (Trinity Grade, The Geysers, Skaggs Springs Road) (If available, elevation gain may be listed.)

#### TEMP0

Actual ride speed may vary, depending on terrain, distance, weather, and group dynamics. Tempo listing is only a ballpark estimate.

**A:** relaxed pace; frequent regroups; waits for all riders. Over 26 minutes\*

**B:** touring pace; regroups every 30-45 minutes; waits for all riders. 23-26 minutes\*

**C**: brisk pace; pacelines likely; regroups every 30-60 minutes. 19-22 minutes\*

**D:** aggressive pace; pacelines; slower riders may miss regroups. Under 19 minutes\*

\*Times are for official SRCC speed trap: 4.4 mostly uphill miles on Graton Road from Ross Road in Graton to summit at Tanuda/Facendini junction. If you want to know where you fit in on club rides, time yourself on this section (at your normal riding tempo) and compare your time to the list above.

#### **DISTANCE**

The last figure in the formula, stated in approximate miles. (If in doubt, leader should **over**estimate mileage slightly.)

#### • RSVP WITH RIDE LEADER •

Ride leaders should provide maps and/or route instructions. Riders should carry I.D., cash, tube(s), flat repair kit, water bottle(s), and have their own map in case they get lost.

# HELMETS ARE MANDATORY ON ALL CLUB RIDES!

Non-members are welcome on club rides! (Non-members must sign a liability waiver provided by the ride leader.) If the course seems too long or difficult, the ride leader can generally suggest an alternate starting place or bail-out route.

RAIN CANCELS ALL RIDES, UNLESS OTHERWISE NOTED.

RIDES LEAVE PROMPTLY AT TEN MINUTES AFTER THE LISTED TIME.

# RIDE SCHEDULE

PDF route slips available at www.srcc.com...go to Calendar of Rides

#### **SATURDAY • APRIL 5**

### Pine Flat Challenge

3-5/CD/70 10:00 AM • Piner HS

R on Fulton > L on Wood > L on Woolsey > R on Olivet > L on River > R on Slusser > L on Mark West Station > R on Trenton-H'burg > L on Eastside > R on Wohler > R on Westside > L on Kinley > R on Dry Creek > L on Grove > L on Healdsburg Ave > R on Alexander Valley (regroup at Jimtown Store) > L on Pine Flat (mass start at bridge at aprox. noon...rest stop at top) > Retrace to L on 128 > R on Chalk Hill > L on Faught > R on Airport > L on Fulton.

Doug McKenzie-523-3493

#### **SUNDAY • APRIL 6**

Spring Pienie Rides
Limited parking at the picnic..Do
NOT drive there! Ride to and from.
RSVP to Greg Durbin—528-4450.
If you don't RSVP, don't come.
2/BC/50 (or more with bonus)
9:00 AM • Analy HS

R on High School > R on Occidental > L on Sanford > R on Hall > L on Willowside > R on SR Creek Trail > North on Fulton (regroup at Piner HS at approximately 9:30 to pick up B aroup) > Lon Wood > Ron Woolsev > Laughlin > Ron Slusser > Lon Mark West Station > Ron Trenton-H'burg > L on Eastside > R on Wohler > R on Westside> Thru Healdsburg > H'burg Ave > Old Red > R on Eastside > R into Riverfront Park (Picnic); R on Eastside > L on Trenton-H'burg > L on Mark West Station > R on Slusser > L on River > R on Woolsey > L on Oakwild > L on W. Olivet > R on Olivet > L on Piner > R on Willowside > R on Hall > Sanford > R on Occidental > L on High School to Analy. Bonus: out-&-back on Mill Creek Road.

> Bill Oetinger—823-9807 2/BC/38 9:30 AM • Piner HS

Same as BC route (from Piner on); after picnic, stay on Piner Rd to return to Fulton and HS.

Craig Gaevert—545-4133

2/A/23 10:30 AM • Piner HS

Same as B route to Mark West Station, then > R on Starr > L on Windsor River > L on Eastside to park & picnic; after the picnic, same as B route back to Piner HS.

Jack Hartnett - 694-0922

#### 2/A/13 10:30 AM • Keiser Park, Windsor

R on Windsor River > R on Windsor > L on Shiloh > R on Skylane > R on Laughlin > R on Slusser > L on Mark West Station > R on Trenton/H'burg > R on Eastside to park & picnic; after the picnic, L on Eastside > R on Windsor River to Keiser Park.

Mike & Janice Eunice - 575-9439

### The Nifty Ten Fifty

HC/CD/55 • 10,000' 8:45 (C ride) • 10:00 AM (D ride) Paul & Janet's house: 6020 Sutter Ave, Richmond, CA

10,000' of ridiculously steep climbing in the Berkeley hills. Earlier starts, any time after 7:00 am, not guided, but maps, and a pat on the back gladly provided. Light snacks and drinks provided at a stop at the half way point. 5:00 pm dinner and beer at Pyramid Brewery. Designated drivers not provided. **RSVP a must!** 

C: Bill Dunn—415-269-0591 & Janet DeHaven—510-526-8873 D: Paul McKenzie—510-409-8873

#### SATURDAY • APRIL 12

#### SRCC RUSA 300-K Brevet

7:00 AM • Best Western Dry Creek Inn, Healdsburg

To Point Reyes Light Station and back.

Donn King—823-5461

#### SUNDAY • APRIL 13

# Napa-Knights-Pope Century 2-4/C/100

9:00 AM • Monhoff Rec Center Calistoga (First TT rest stop)

North on Grant > R on Greenwood > L on Hwy 29 > R on Lawley (Old Toll Rd) > L on Hwy 29 > R on Tubbs > R on Bennett > R on Hwy 128 > L on Spencer > L on Franz Valley > L on Fr. Valley School > L on Petrified Forest > R on Hwy 128 > Hwy 29/128 > L on Lodi > R on Silverado Trail > L on Sage Canyon (Hwy 128) > L on Chiles & Pope Valley > R on Lower Chiles Valley > L on Hwy 128 > L on Berryessa-Knoxville > L on Pope Canyon > R on Pope Valley Cross > R on Pope Valley > L on Ink Grade > R on White Cottage > Howell Mtn > R on Silverado Trail > L on Brannan > Wapoo > R on Grant to Monhoff Rec Center. It's wildflower time in Napa & Pope Valleys. Ride can be shortened in several obvious ways.

Bill Oetinger-823-9807

#### **West County Hills**

3-4/AB?55+ 8:00 AM · Ragle Ranch

L on Ragle > L on Mill Station > R on > L on Sullivan > L on Graton > L on Boho > R on Coleman Valley > L on Hwy 1 (Rest stop at the Tides) > R on Hwy 1 > L on Bodega Hwy > L on Jonive > R on Occidental > R on Barlow > L on Mill Station > R on Ragle to park.

Rose - 543-5889

#### **SRCC Welcome Wagon Ride** 1/A/10

10:00 AM · Santa Rosa City Hall

An introductory ride for novice cyclists (veteran riders are welcome too). Easy, social pace. Plenty of opportunities for learning bike skills with supportive, experienced mentors. Instruction on working on bikes, on request.

Mike & Janice Eunice — 575-9439

#### SATURDAY • APRIL 19

### **West Dry Creek Litter Day**

8:30 AM · Passalagua Winery

See page 2 for more information.

#### **Fearsome Five**

5/CD/129 • 15.000'

8:00 AM · Alexander Valley School

L on Hwy 128 > R on Pine Flat > L on Red Winery > R on Geysers > R on Pine Mountain to end > Retrace to L on Gevsers > L on Red Winery > R on Pine Flat > L on Hwy 128 > L on Ida Clayton to end > Retrace to R on Hwy 128 > R on Pine Flat to end > Retrace to L on 128. Check out: http://www.leefamilyportal.com/ FearsomeFive/ff index.html

Tony Lee - 766-9803

#### **SUNDAY • APRIL 20**

#### **Coffey to Coffee**

1-2/AB/40 8:30 AM • Coffey Park

L on Coffey > L on Dennis > R on Barnes > L on River > L on Woolsey > L on Oakwild > L on W. Olivet > R on Olivet > R on Guerneville > R on Laguna > Trenton-H'burg > R on Eastside > R on Windsor River to Windsor Town Green (Rest stop at Cafe Noto) > Retrace to L on Windsor > L on Shiloh > R on Skylane > Laughlin > L on River > R on Barnes > L on Dennis > R on Coffey to park.

Rose - 543-5889

#### Cavedale-Sonoma Mountain

4-5/BC/45 8:00 AM • Howarth Park

Thur parks > Channel Dr > Thru Oakmont > Pythian > R on Hwy 12 > R on Lawndale (incl.

Schultz) > R on Warm Springs > R on Arnold > Lon Madrone > Ron Hwy 12 > Lon Cavedale > L on Trinity > R on Dunbar > L on Henno > R on Warm Springs > L on Son Mtn > L on Bennett Valley > Yulupa > R on Beathards > L on Summerfield to park.

Janice Oakley - 568-7062

#### SATURDAY • APRIL 26

#### **Clear Lake Double Metric**

4/C/121 • 10,000' 8:30 AM • Foss Creek El. School, H'burg (near Chiquita & Grove)

Healdsburg Ave > R on Alexander Valley > R on Hwy 128 > L on Ida Clayton > Western Mine (2 miles of gravel) > L on Hwy 29 (Rest stop in Middletown) > L on Hwy 175 > R on Barnes > Big Canyon > R on Siegler Canyon > L on 29 > R on Soda Bay (Rest stop in Soda Bay) > L on Clark > L on Gaddy > L on State > R on Main > L on Big Valley > L on Argonaut > R on Highland Springs > L on Matthews > L on Hopland Grade (Rest stop in Hopland) > L on 101 > R on Mountain House > L on 128 > R on Cloverdale Blvd > Dutcher Creek > L on Drv Creek > L on Lytton Springs > R on Chiquita > R on H'burg Ave to school. *If it rains on* Saturday, reload for Sunday. RSVP to be sure. Lowland option from Hopland: south on Hwy 101 > Geysers Road into Cloverdale > rejoin course. Only a mile or two shorter but bypasses climbs on Mountain House.

Emilio Castelli - 827-3048

### **Cavedale-Los Alamos**

5/C/64 9:00 AM • Coffey Park

R on Hopper > Cleveland > Over 101 to Fountaingrove > Montecito > R on Calistoga > Lon Hwy 12 > Ron Melita > Ron Montgomery > L on Channel > Thru Oakmont > Pythian > R on Hwy 12 > R on Lawndale > R on Warm Springs > R on Arnold > L on Madrone > R on Hwy 12 > L on Cavedale > L on Trinity > R on Dunbar > Lon 12 > Ron Los Alamos to summit > Retrace to R on 12 > R on Calistoga > L on Montecito > Fountaingrove > R on Cleveland > Hopper > L on Coffey to park.

Chris Wilson — 703-2676

#### A Club Favorite

2-A/B-38 9:00 AM · Willowside School

R on Hall > L on Sanford > R on Occidental > R on West County Trail to Forestville > L on Hwy 116 > R on Martinelli > L on Old River > Thru Hacienda > L on River > R on Westside > R on Wohler > L on Eastside > R on Trenton-H'burg > L on Mark West Station > L on Starr > R on Reiman > L on Windsor (into Town *Green Plaza for coffee*) > L on Windsor > L on Slusser > L on Laughlin > Woolsey > L on Oakwild > L on W. Olivet > R on Olivet > L on Piner > R on Willowside > L on Hall to end.

Ken Russeff-953-1804

#### SUNDAY • APRIL 27

# **SRCC Welcome Wagon Ride**

1/A/10

10:00 AM • Santa Rosa City Hall

See listing on April 13 for more info.

Mike & Janice Eunice — 575-9439

# Wine Country Warm-up

3/A/43

9:00 Am • Esposti Park

L on Shiloh > L on Faught > R on Chalk Hill > L on Hwy 128 (Rest stop at Jimtown Store) > Retrace to Pine Flat > L on Red Winery > L on Gevsers > R on 128 > L on Gevserville > R on Independence > L on Fredson > R on Lytton Springs > R on Dry Creek (Rest stop at Dry Creek Store) > Retrace Dry Creek to R on Kinley > L on Mill thru Healdsburg > Healdsburg Ave > Old Red > L on Arata > Hembree > L on Old Red to Esposti Park.

Carole Kolnes - 838-3988 Barbara Drucker - 538-5256

#### **Short Pine Flat Ride**

5/B/30

10:00 AM · Alex. Valley School

L on Hwy 128 > R on Pine Flat > Ride as far up as you can & turn around > Retrace to Hwy 128 to rest stop at Jimtown Store > L on Hwy 128 back to Alexander Valley School.

Wayne Kellam-523-1878

#### REGULAR RIDES

#### Wednesday Wanna-B's

B or C • 30-50 miles • 9:00 AM

First Wednesday: Howarth Park, Santa Rosa B: Beth Anderson—584-3685 Vin Hoagland—584-8707 C: No leader

Second Wednesday: Healdsburg City Hall B: No leader

C: Eric Peterson—433-7737 Third Wednesday: Ragle Park, Sebastopol B: Jeff Burton—217-2756

C: Looking for a leader

Fourth Wednesday: Ragle Park, Sebastopol B: Alfred Mascv—546-0898

Ed Steiger—538-7395 C: Johann Heinzl—539-7991

Fifth Wednesday: Howarth Park, SR B: Bob Briner-799-7146

C: No leader

# MORE RIDES

#### Friendly Fridays 2-3/B/25-40 • 9:00 AM

First Friday: Cotati Dog Park
Greg Stone—527-6116

Second Friday: Howarth Park, Santa Rosa
Martin Clinton—569-0126

Third Friday: Ragle Park, Sebastopol
Doug Newberg—579-0925

Fourth Friday: City Hall lot, H'burg
Warren Watkins—433-4403

Fifth Friday (B group only): Esposti Park
Buck Hall—537-1946

2-4/C/35-50 • 9:00 AM Same schedule as other Friday rides No leaders

2-3/A/25-30 • 9:00 AM

Same schedule as other Friday rides Janice Eunice—575-9439 Fourth Friday: George Gallegos—544-3178 & Carole Kolnes—838-3988

# o FOR SALE o

#### DT Swiss Rims, new & used

1450's (1450 grams a set) • 28 spokes, bladed, front & rear • Radial front, 2x rear Used • Retail: \$750 a set; asking \$275 340's (1685 grams a set) • 28 front, 32 rear New • Retail: \$600; asking \$400 **Wes—545-3240** 

#### Trek 520 Touring Bike

Double-butted chrome moly frame Chainrings: 50-44-28 • Cogs: 14-32 Size: 21" • Shimano Deore DX • \$150

Garu-538-9262

#### Saddle & pedals

Specialized Alias 143 saddle • \$70 Speedplay X pedals • Stainless spindle Pedals very good, cleats rather worn • \$75

Bob Hasenick-573-1426

#### **Shimano Components**

Brand new Ultegra Crankset (53-39) Never used...still in box • \$150 Long-cage Deore XT derailleur • \$65 Ultegra derailleur • \$50

Kipp-570-1242

#### **Brooks Saddle**

Brooks B17 Champion saddle • Very lightly used • Tan. • \$50

#### "Old School" Cycling Shoes

For toe-cage type pedals (not clippless) Sidi • Black • Men's 47 • \$25

Debra-415-641-9147

# More BACKROADS & BREAKAWAYS

fresh and interesting. Most of the riders regrouped often and stayed together. It was a beautiful ride along the Russian River Valley. The best part of leading rides is helping new club members discover the beauty of Sonoma County on their bikes." That last sentence pretty well sums up why Janice is our reigning Ride Leader of the Year.

Also on the card that day was a Wayne Kellam ride: "The Franz Valley loop started at 10:00 am, but being the first day of daylight savings time, it felt cool and clear. I didn't start to sweat until I was climbing Franz Valley Road. The ride was almost perfect, except that one rider hit a pothole and went down on Chalk Hill Road. She wanted to ride on, but a friendly resident took her and her bike to the start, and a clubster drove her home. Nothing broken; just abrasions and bruising as far as I could tell." We can further report that the rider in question has made a quick recovery and is back on the road again.

We can squeeze in reports about one more weekend's worth of rides. That would be the week smack bang in the middle of March. All week long, the assorted weather forecasts had called for some chance of rain on Saturday, maybe even a lot. In the end, it depended on where you chose to ride as to whether you got wet. Several of us improvised a ride from Santa Rosa over to Glen Ellen—Sonoma Mountain, et al—and we escaped with a dry and mostly sunny adventure. But we could see dark clouds further north and wondered how the club's 200-K brevet was doing. Now we know: read Donn King's report below...

"Despite ominous weather reports, 16 riders started the 200-K brevet on Saturday, March 15. All morning it seemed impossible that the weather could be anything but beautiful. But by noon, dark clouds lay all over the hills between Napa and the finish in Healdsburg. In fact, almost all of the riders were subjected to squalls and pelted with hail on the way back from the turnaround outside of Napa. No one really got too wet, because there was little if any heavy rain, and most of the riders actually seemed thrilled with the dramatic weather. The Bear Republic in Healdsburg served as the finish, and riders and staff convened at the end of the ride to swap stories and rehydrate. SRCC riders included David Batt, Bob Redmond, Mark Gunther, Susan Noble, Bob Puckett, Karen Thomson, Gregg Tehan, Bill & Evelyn Ellis, and Steve Kroeck. Volunteers from the club were Jack Hartnett, Craig Johnson, and Carol Donovan. The 300-K is April 12; volunteers and riders are welcome. Contact Bob Redmond or Donn King."

That same day, further south, Sue Bennett was leading her birthday ride out of Cotati: "Despite an iffy weather forecast, 15 people took their chances and came out for my birthday ride. Just about 9:00 am, the fog dissipated, the sky turned to a mixture of blue sky and cumulus clouds, and the temperature warmed nicely. Only problem was a stiff wind. When planning the route weeks ago, my 'Acme' weather forecaster did not function properly, and our route did Chileno Valley the wrong way, given the NW winds. But the views were beautiful; green, vibrant, and made even better by the expressive clouds. By the time we reached Tomales, we had definitely earned our pastries. After some dicey cross winds on Hwy 1, we turned eastward on Petaluma Valley Ford and were finally treated to tail winds. Despite darkening clouds, everyone finished well before the rain and hail hit. Perhaps because of the weather forecast, there was little traffic on the roads, yet numerous groups of cyclists. For most of the ride, there seemed to be more cyclists on the roads than motorized vehicles, just the way it should be."

There was one more ride on Sunday, when the weather was chilly but clear and lovely. This was Rose Mello's third Cinderella Training Ride out of Cotati. Rose checks in: "A total of 16 riders showed up, with the weather a little nippy but warming up later. The ride was great, with a nice tailwind about 90% of the time...a nice change after doing Sue's ride with head winds the day before. The only excitement was that we blew a hole in our rear tire on the tandem. Luckily, Irene Batt was behind us, so we had her call Tina. A nice gentlemen with a truck gave us a ride to Helen Putnam Park and waited for our ride to pick us up."

Finally, a quick browse through the early-season results at the California Triple Crown double century series doesn't turn up a lot of SRCC action. As far a we can tell, no clubsters did the Spring Death Valley ride and only two did the Butterfield Double on February 16. Michael Leach and Craig Robertson made the long trek south for that one. Craig's time of 10:46 was snappy enough to tie for 4th overall. Next up is the Solvang Double, where we expect to see a little more SRCC participation.

### BAD LITTLE BROTHER GROWS UP

### Limited edition jersey in the works

The Terrible Two's Bad Little Brother has been a fixture on the SRCC ride list for 13 years now. But it's more than just a club ride. It's a cult classic among hardcore long-distance cyclists all over Northern California. With its date near Memorial Day weekend, it serves as an excellent final tune-up before the Terrible Two.

With over 14,000' of frequently very steep climbing in 133 miles, it is considered by many who have done it to be as challenging in its own way as many double centuries.

This little monster was created by long-time club member Rich Fuglewicz. Now that Rich has relocated to Sacramento, 2008 will mark the last year in which he will list and lead and support the ride. (From 2009 on, it will be up to others to keep this classic alive. Remember that, all you hardheads, come next springtime.) To honor the occasion of Rich passing the torch, the club has comissioned a special, limited edition BLB jersey.

How limited? Only 50 copies. All past BLB finishers are qualified to own and wear this jersey, which is sure to become an instant collectors item. Although it says, "The Bad Little Brother turns 13!" on the front, it is not dated and is appropriate for all past finishers.

The design incorporates the illustrative genius of Art Read, showing the grimacing little kid who is the baby brother of Art's original suffering cyclist from 1976, the Terrible Two's first iconic trademark. The back displays an elevation profile similar to what we see on a TT jersey, with the BLB's signature refrain: "I survived!" Colors are jade green, blood red, and black and white. The jersey will retail for \$65.

Many of the jerseys have already been spoken for. If you want to own this little piece of history—and if you qualify—don't wait too long before placing your order. Sales will be handled through the club alongside Terrible Two jersey sales. Delivery of the order from Voler Team Apparel is expected in mid-May, so you can wear your new jersey with pride while sweating through yet another edition of this nasty piece of work at the end of May. While you're out there suffering, be sure to thank Rich for his years of yeoman duty in organizing this event. And give a thought to who will manage it next year and the year after that. We hope someone will. It's too good a ride to let it slide.



Bootlegging an organized ride means doing the ride without registering and without paying. Even if bootleggers don't eat the food in the rest stops, use the rented port-a-johns, drink the trucked-in water, or ask their registered friends to grab some food for them, they do have a negative impact on the event. It has been estimated that there were as many as 300 bootleggers on the 2007 WCC. This caused shortages in food and water at rest-stops, congested rest stops, congested roads for cyclists and motorists, a congested parking lot, and stress to our all-volunteer staff. By overloading the system, bootleggers jeopardize the future of the WCC.

We organize the WCC first and foremost so that other cyclists may enjoy the roads we like to ride year-round. We wish we could accept legitimate entries for everyone who wants to do the event. We would love to give more riders the opportunity to enjoy the WCC. But there are sound reasons why we have a 2500-rider limit. We know we are stretched to capacity for parking at the start/finsh, and we feel we're putting as many riders out there as the roads, rest stops, our volunteers, and the community can comfortably accommodate.

If you are considering bootlegging the event this year, ask yourself *why* the organizing club feels it is important to go to the considerable trouble of implementing a field limit. Ask yourself whether your unregistered presence on that day is a net positive. If you are registered for the ride, ask yourself if you are improving things by urging your unregistered friends to ride along with you.

It may seem like a small thing if it's just you or your friend, but if you multiply that small thing by 100 or 200, it soon becomes a bigger issue. Please help us ensure the future of this wonderful ride, so that it continues to be a positive part of the community in Sonoma County. Do the right thing: if you're not registered, don't ride.

# • Website update •

Last month we offered a "pardon our dust" apologia for the changing state of the club's website. That was written in mid-February. By the time the notice appeared in the March newsletter, several significant improvements had already been made to the site. Since then, other refinements have been implemented, so that the site is now edging closer to what we want it to be and to do.

As noted previously, the changes began when we decided to handle all of our registration functions—membership, WCC, TT, and more—through a non-profit entity called Wild Apricot, which exists for the purpose of assisting groups such as ours in managing these tasks. Board member Gordon Stewart set the program up and has been beavering away like mad for several months to see that it does what it's supposed to do. So far, it's working very well.

A collateral impact of the association with Wild Apricot has been an opportunity to reconfigure the balance of the club's website (beyond the registration fuctions). This was begun at least partly with the realization that long-time webmaster Bill Osburn was leaving the area and would be phasing out his involvement with running the site. We needed a new way to carry on, and Apricot provided it.

For the most part, this is good news, but the bad news is that Apricot does not offer an unlimited array of graphic options for the look of the site. We have to work within their templates. Doing so, we now think we have an attractive and user-friendly site that works for us. The latest development is that we have placed an archive of past newsletters on the site—all issues back to mid-2006—available to all. Clicking on the links pops up a pdf of the newsletter. Using the text tool in Acrobat, you can copy old ride listings or other text and paste them elsewhere. We will continue to tinker with the site in the months ahead, doing everything we can to make it better.

# SANTA ROSA CYCLING CLUB

### PO Box 6008 Santa Rosa, CA 95406

President: Craig Gaevert	545-4133
Vice-President: Greg Durbin	528-4450
Secretary: Donn King	823-5461
Treasurer: Donna Emery	546-6359
Officers at Large	
Martha Barton	538-9315
Vacant Looking for a new Board	d member!
Joe Morgan	778-8209
Gordon Stewart	823-0941
Martin Clinton	569-0126
Newsletter editor, ride director: Bill Oetinger	823-9807
Webmaster: Gordon Stewart	823-0941
Club apparel sales: Sharron Bates	526-3512
Membership registration: Gordon Stewart	823-0941

SRCC website: http://www.srcc.com srccride@sonic.net (Bill Oetinger, e-wrangler) To join the club or renew membership please go to www.srcc.com



The Santa Rosa Cycling Club is a social/recreational organization comprised of cycling enthusiasts with a wide range of abilities and interests. Our purpose is to promote the safe and efficient use of bicycles through club rides and events, and by maintaining an active presence in the local community. We encourage a large and vital membership and try to provide rides for all abilities. We publish a membership roster and a monthly newsletter and ride calendar. We hold a general membership meeting and an Executive Board meeting once each month.

#### GENERAL MEMBERSHIP MEETINGS

Wednesday, April 9 • 6:30 PM

Round Table Pizza (Occidental Road, west of Stony Point)

No speakers arranged at press time. (We are still looking for a program coodinator...)

Wednesday, May 14

#### **EXECUTIVE BOARD MEETINGS**

(Open to all interested members)

Thursday, April 3 • 6:00 PM

TLCD Architecture • 111 Santa Rosa Ave. (SW corner at 1st St) Door open between 5:45 and 6:00pm • After that, call 478-9387

Thursday, May 8

#### PRINTED ON RECYCLED PAPER



Member: LAB • CBC • CABO • REBAC • SCTC • SCBC

### • Directory of WCC Committee Chairs •

WCC Chair Joe Morgan, 778-8209, themorgantamily@comcast.net
Volunteer coordinatorKimberly Hoffman, 579-3754, kdhoffman10@yahoo.com
Site reservations John Miklaucic, 545-3470, jmiklaucic@comcast.net
Registration Gordon Stewart, 823-0941, gordon@gsathome.com
Sags & Communication Craig Gaevert, 545-4133, cgarch@sonic.net
Food & Materials Doug Simon, 577-0113, desimon@sbcglobal.net
Equipment cleaning Dave Batt, 546-5301, irenebatt@hotmail.com
Course marking Tony Lee, 776-9803, dr_tony_lee@yahoo.com
Course hosts Tom Bahning, 525-1960, duncansmills@sbcglobal.net
Course signsVicki Duggan, 525-1960, duncansmills@sbcglobal.net
Course marshals Ron Bates, 526-3512, technical@randalInutrition.com
Customer service
Day-of merchandise Sharron Bates, 526-3512, technical@randalInutrition.com
GratonJanice Eunice, 575-9439, nicenice@sonic.net
Ocean Song Wayne Kellam, 523-1878, wkellam@sonic.net
Monte Rio Bunni Zimberoff, 544-3999, bunnizim@gmail.com
Wohler Bridge Cynthia Spigarelli, 824-4466, cstar3@sonic.net
Warm Springs Dam Jim Williams, 538-3793, jjwilliams@ earthlink.net
Alexander Valley Steve Drucker, 538-5256, sdrucker@santarosa.edu
LBC
Volunteer Ride Joe Conway, 875-9056, bodegajoe@comcast.net